**School of Psychology Winter Research Project Description**

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| **Project title:** |

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| **Supporting General Practitioners to Discontinue Long-Term Antidepressant Use** |

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| **Project duration:** | * 4 weeks
* 20 hours/week
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| **Position(s) available** | 1 |
| **Description:** | The winter research scholar will work with a team from the Schools of Medicine and Psychology on this project, which has a clinical focus on reducing long-term antidepressant use in Australian adults. The population of interest for this study and adults who are long term users (>2 years) of antidepressant medication, and who would be candidates for medication discontinuation. To support medication discontinuation, low-intensity psychosocial interventions offer potential to optimise patient outcomes. We are therefore seeking to understand:1. The evidence base for psychosocial treatments focused on prevention of depression relapse;
2. Barriers of facilitators to GP antidepressant discontinuation; and
3. GPs knowledge of, and attitudes toward low-intensity psychosocial treatment alternatives for preventing relapse of depressive symptoms.

The project is supported by a MED-HABS collaborative seeing grant (2019) to van Diren, Dingle, Donald, Partanen, Haslam and Turner. |
| **Expected outcomes and deliverables:** | Working alongside the Research Officer and Academic investigators, the scholar will be given training and support to contribute towards a systematic review of relevant literature, and a qualitative analysis of interview transcripts with General Practitioners. The student may also be asked to produce a report or oral presentation at the end of their project. |
| **Suitable for:** | This project is open to applications from UQ enrolled students in psychology, public health, life sciences, or related disciplines.  |
| **Primary Supervisor:** | Associate Professor Genevieve Dingle, School of Psychology, UQ |
| **Further info:** | Please contact Associate Professor Genevieve Dingle for further information dingle@psy.uq.edu.auApply via [UQ Advantage](http://www.uq.edu.au/uqadvantage/wr-info-for-applicants). |