

# Compassion Conference Program

8:30am

Conference Registration

8:50am

**Associate Professor James Kirby**

Welcome Address, Acknowledgement of Country and Housekeeping

9:00-9:30

**Dr Chase Sherwell**

Embodied Compassion: Insights From Physiological States

9:30-10:00

**Prof Bernice Mathisen**

Reimagining a Speech Pathology Program Embedded with Compassion

10:00-10:30

Morning Tea

## MORNING CONCURRENT STREAMS

Stream 1 – Room 4401

Stream 2 – Room 4311

10:30-11:00

**Dr Jonathan Davies**

Who Uses Compassion-Based Practices in Australia and New Zealand? Population Level Insights from the First Nationally Representative Surveys

**Ibrahim Alrashed**

Unlocking the Potentials of Single Session Interventions Using Compassion Focused Therapy

11:00-11:30

**Shawn Prest**

Computational Mechanisms of Deep Meditative Deconstruction and the Facilitation of Increased Compassion to Others

**Dr Christina Clarke**

Working with Compassionate Imagery: The Richness of a Deaf Client's Safe Space

11:30-12:00

**Leah Smolarek**

Self-Compassion and Prosociality: A Systematic Review and Meta-Analysis

**Keri Okanik**

Nurturing Minds: Transforming ADHD Management through Compassion Focused Interventions (CFIs)

12:00-12:30

**Harpreet Kalsi-Smith &**

**Dr Joanne Doran**

Conversations That Count and the Building of Compassionate Communities

**Louise Cosgrove**

Adolescent Male Mental Health and Compassion

12:40-1:30

Lunch

## AFTERNOON CONCURRENT STREAMS

Stream 1 – Room 4401

Stream 2 – Room 4311

1:30-2:00

**Keren Jones &  
Zarinah Hienekamp**

Compassion Conversations and Group Change: The Use of CFT and Positive Psychology Frameworks for Therapeutic Groups at UQ

**Dr Tarli Young**

How far can our shared identity stretch? Expanding who (and what) we include in our identity through Loving Kindness meditation and societal conditions; and the effects on moral expansiveness and wellbeing.

2:00-2:30

**Dr Rita Princi-Hubbard**

Exploring Teacher and Student Physiology During Interpersonal Interactions in the Classroom

**Kevin Berryman**

The Ethical Promises and Limitations from Compassion Meditation

2:30-3:00

**Glenys Oberg**

Integrating Compassion Fatigue Theory with Ecological Systems Theory: A Comprehensive Framework for Understanding Teacher Well-Being

**Helen Correia**

The Science of Heart Practices: Loving Kindness, Compassion, Appreciative Joy and Equanimity

3:00-3:30

**Dr Venkat Reddy**

The CompassionEd Community of Practice: Amplifying and Connecting Lone Voices in Health Professions Education

**Dr Malcom Huxter**

Healing the Wounded Heart with Meditations on Four Divine Abodes Focussing on Metta (Loving Kindness or Warm Benevolence)

3:40-4:00

Afternoon Tea

## AFTERNOON PLENARY SESSION

4:00-4:30

**Dr Madeleine Fraser**

Experience-Sampling Methods for Self-Compassion Research: A Meta-analysis

Close

**Dr James Kirby**

Conference wrap-up session

5:00

Estimated End of Event