**UQ Summer Research Project Description**

Please use this template to create a description of each research project, eligibility requirements and expected deliverables. Project details can then be uploaded to each faculty, school, institute, and centre webpage prior to the launch of the program.

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| **Project title:** | **Examining a brief compassion focused intervention on compassionate behaviour** |
| **Project duration, hours of engagement & delivery mode** | The project is 6-weeks, 30 hours per week. We require two students for this project.  You will be working with Dr James Kirby and Dr Chase Sherwell. The project will be completed at St Lucia campus and on-site attendance is required. |
| **Description:** | *This project is examining the impact of a self-directed audio guided brief compassion focused intervention on compassionate behaviour. Participants in the study are randomised to a compassion focused intervention or a control condition with is focused on rhythmic breathing. At time 2 the participants come to the lab and complete a behavioural task that assesses compassion. Our prediction is that those in the compassion intervention should engage in more compassionate behaviour than the control condition (the breathing condition). For this study we require you to help with the data collection, this will include meeting participants, acting as an experimenter, and study confederate. You will be working alongside Dr Chase Sherwell and Dr James Kirby. This study was funded by the US Mind & Life Institute.* |
| **Expected outcomes and deliverables:** | *Scholars will have the chance to learn more about compassion science, experience what a brief compassion focused intervention is like, and learn the skills required in data collection of behavioural data.* |
| **Suitable for:** | *This project is open to applications from students with a background in psychology, specifically for 3rd – 4th year students.* |
| **Primary Supervisor:** | Dr James Kirby |
| **Further info:** |  |